



# LEVEL UP RECONNECT PROGRAM

Education. Community. Employment.

# Reconnect Vision.

Reconnect aims to provide NDIS participants / community referrals and ITCH / OOHC organisations the supports needed within the marketplace to up skill participants to achieve employment, enrolled educational training courses, apprenticeship TAFE + Employer supports.

1:1 and group life skill session expectations and responsibilities, behavioural and mental health supports and individual self-care plans.

Reconnect Program will also provide a streamline to being able to also RECONNECT to Culture, RECONNECT to Community and Life-skills.

Reconnect engages organisation participants and young people within the NDIS / ITC Leaving care / TSIL (Therapeutic Semi-independent living) whom need extra support in securing employment or is finding the public environment difficult and requires a therapeutic safe space that requires a trauma informed environment with trained mentors.

Reconnect is dedicated to ensuring all our participants are supported in a safe, inclusive space. The Level-Up Hub promotes healthy workspace for all community access programs. Access to internet and computers, meetings and interviews spaces for real time interview of our clients supported by mentors.

<p>Week 1. 1 Day. 3 Hours.</p>	<p><b>Program Introduction:</b> Program introduction and expectations of all participants / who we are / group discussions and introductions.</p>	<p>open communication build rapport, deliver expectations and program objectives and goals</p> <p>Learning about Culture. Introductions to local community supports.</p>
<p>Week 2. 2-3 Days. 4 Hours.</p>	<p><b>Program Goal:</b> individualised support plan / goal planner / NDIS and leaving care plans / Centrelink payments. Develop the ME Plan. Communicate via services information gathering, planned goals, career direction.</p>	<p>Minimal Case Management of our participants, providing supports in understanding their plan and funding criteria.</p>
<p>Week 4-5 2 Days. 4 Hours.</p>	<p><b>Program Engagement:</b> Youth support workers group session / Resume writing / cover letters / Job pathways / NDIS / TSIL / ITC supports. Service case managers / youth worker updates / key workers follow up.</p>	<p>Participants to write and update resumes, build requirements for employment, ID, Licence, White card, certificates</p>
<p>Week 6-7 3 Days 5 Hours</p>	<p><b>Reconnect:</b> Call agency / TAFE build with supports / phone manners / emails, phone calls / key searches, follow up. Signing up with agencies, career pathway, Community engagement, Mentor supports.</p>	<p>Participants to work alongside mentors supporting interaction, anxiety, ensuring to have the ability to send emails, phone etiquette.</p>

<p>Week8. 3 Day. 5 Hours.</p>	<p><b>Reconnect:</b> Mock interviews / What is a time sheet / understanding payslip, what is tax? My work entitlements? Union, finance budgeting, My entitlements in care, What is a Guardianship / Debt bad credit, phone plan, Gym memberships</p>	<p>Participants to obtain a knowledgeable understanding of workplace entitlements, work place rights and all things pertaining to work place information.</p>
<p>Week 9. 1 Day. 3 Hours.</p>	<p><b>Team Building Program End Date.</b> Youth mentors will hold a BBQ Lunch with all Participants to build healthy rapport with all participants. Invite case managers and support works</p>	<p>Participants build the rapport with youth mentors, Discussions on future aspirations.</p>

Reconnect is committed to ensuring supports are continued with our participants within their individual care services or ITC / TSIL supported programs, By providing open communication to externals through emails and our internal reporting system, throughout the program for community agencies and Care organisations to continue the planned objectives and ongoing support.

Reconnect runs for 9 weeks – we aim to have all our participants engaged in the community, either being employed or continuing to seek employment with the skills and the capacity to engage employment agencies, motivated and ready for a new direction in life.

# The Goal.

Reconnect will strive to develop our participants / young people to build their capacity to engage the workforce independently by providing the tools to build confidence to communicate and respond in future employment, educational, cultural, community and life skills applications.

Our young people / NDIS participants are strongly encouraged to work with our Level-Up mentors' side by side to achieve the planned goal. Our goal is not to give our participants a Job for one day, but to teach and support their skills to secure a job for a lifetime.

We understand the difficulty and challenging tasks of our participants with mental health and significant traumatic history, accessing the community marketplace increasing their anxiety, frustrations and unable to focus on simple tasks that most people have no issues in completing. Unfortunately, this is the case for some participants and young people within the NDIS community, Leaving care and TSIL ITC homes.

Reconnect develops a plan called "ME" with our participants, an individualised safe care plan that engages our participants in thinking of ways to drain emotion, thoughts after actions, focus on work tasks and seek support in tough and triggering situations in the workplace or community. The Plan is with our participants to access easily via their phones or laminated Card.

Our goal is to advocate and ensure our participants employers and educators are trauma informed ensuring our young participants can.



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